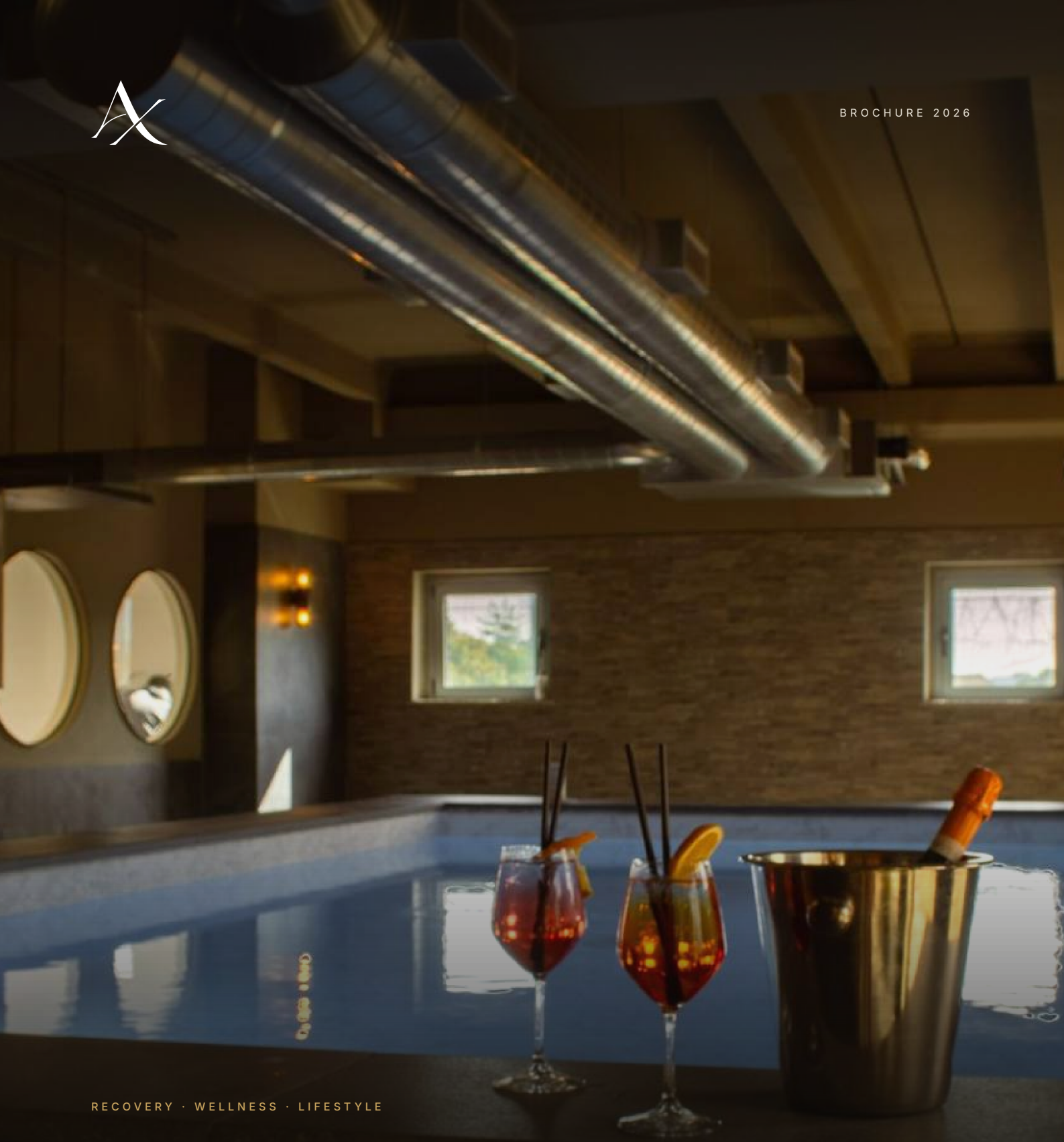


BROCHURE 2026

RECOVERY · WELLNESS · LIFESTYLE

A wellness retreat in the heart of *Orvieto.*

WET JOURNEY · MASSAGES · BODY RITUALS · FACIALS · MEMBERSHIP



WELLBEING BEYOND THE SPA

The new idea of *wellbeing* in Orvieto

AX Wellness Spa 3.0 is born as a new idea of wellness: a contemporary place where sport, recovery and relaxation meet to turn wellbeing into a way of life. An experience designed to restore the body, rediscover balance and slow down the mind, in an exclusive environment where water, heat, treatments and landscape become part of a single journey.

Immersed in the charm of the Umbrian landscape, AX Wellness Spa is Orvieto's first independent Spa 3.0: a place designed to offer an authentic wellbeing experience, far from traditional models. Natural materials, minimal design and silent spaces create an immediate sense of calm and comfort.

PREMIUM FACILITIES — SPA EXPERIENCE

Sauna
Dry heat between 80 and 90 °C in linden wood: 8–12 minute sessions to melt away tension

Turkish bath
Steam at around 42 °C: 15–20 minutes to open the pores and clear the mind

Ice waterfall
Flaked ice after the heat: the thermal contrast that reawakens circulation

Hydromassage
Float, let go, breathe

Premium relax area
The place where doing nothing is the right choice

Tea corner wellness
Selected herbal teas to close the journey in harmony

Sauna, Turkish bath, ice waterfall and the Island journey are by Stenal: professional wellness technology and Made in Italy design.

> *"Where silence meets wellbeing."*

BENEFITS

— Muscle relaxation and post-workout recovery

— Stress reduction and energy recovery

— Psychophysical wellbeing and neuro-sensory stability



WELLNESS JOURNEY · 90 MINUTES

The *Wet Journey*

Our Wellness Experience is designed to guide the body through a sequence of heat, water, cold and relaxation. You move through the sauna and the Turkish bath, let yourself be embraced by the hydromassage pool and warm water, then continue into the Stenal Island journey — from cold mist to tropical shower and water veil — before ending in the relaxation area.

01	*Heat* SAUNA · 80–90 °C · 8–12 MIN	Linden wood holds a deep, dry heat: muscles loosen and your breathing slows down.
02	*Steam* TURKISH BATH · 42 °C · 15–20 MIN	Enveloping steam opens the pores and clears the mind. This is where time starts to change pace.
03	*Water* POOL · HYDROMASSAGE · WARM WATER	Let the warm water and the jets hold you: the body feels lighter, and so do your thoughts.
04	*Cold* STENAL ISLAND CIRCUIT · ICE FOUNTAIN	Cold mist, tropical shower, water curtain and flaked ice: the thermal contrast that reawakens circulation.
05	*Stillness* RELAX AREA · HERBAL TEA CORNER	Loungers, silence and a warm herbal tea. The journey ends where your own time begins.

SINGLE ENTRY

Every visit · 90 minutes · Groups of up to 8 people, by reservation only

€ 40



01 ONLY EXCELLENCE

Massages for your *relaxation*

Manual treatments that release tension and restore lightness. Every massage is tailored to your needs.

Wellness Massage — € 75

MUSCLE-RELAXING – DECONTRACTING · 50 MIN

To regain vigour and a pleasant sense of wellbeing, a dedicated massage with relaxing, muscle-releasing techniques. Performed with a special massage oil activated with 100% natural, food-grade essential oils of lavender, chamomile and yarrow, and finished with a natural decontracting cream with mountain arnica. A true cure-all. The treatment ends with a cup of Nido herbal tea.

Drein Massage — € 70

DRAINING AND MICROCIRCULATION-BOOSTING · 50 MIN

To regain absolute lightness, a massage performed with a blend of massage oils with 100% natural, food-grade essential oils of oregano, mandarin and sweet orange, and finished with a neutral draining cream with verbena and citrus. The draining techniques make this massage not only deeply pleasant but also particularly effective. The treatment ends with a cup of Nuvola herbal tea.

Destress Massage — € 70

RELAXING, WITH WARM AROMATIC OIL · 50 MIN

A pleasant massage performed with a special blend of massage oils activated with 100% natural, food-grade essential oils of cedar, clove and wild ylang-ylang. Slow but deep movements make this massage a true source of all-round relaxation. The treatment ends with a cup of 10 Herbs herbal tea.



01 ONLY EXCELLENCE

Massages for your *relaxation*

Manual treatments that release tension and restore lightness. Every massage is tailored to your needs.

MEI Candle Massage — € 70

CANDLE MASSAGE · 50 MIN

A massage of Hawaiian origin in which a special handcrafted candle, made with precious plant butters, makes every movement even warmer and more enveloping. The treatment is personalised with natural, absolutely pure essential oils according to each guest's specific needs. An unforgettable sensory experience you will carry with you for a long time. The treatment ends with Rejuvenate herbal tea.

Tridosha Ayurvedic Massage — € 80

REBALANCING AYURVEDIC MASSAGE · 60 MIN

Inspired by the ancient Indian tradition of Ayurveda, the Tridosha massage harmonises the three doshas – Vata, Pitta and Kapha – the energies that, according to this philosophy, govern the balance between body and mind. Enveloping, rhythmic and deep strokes performed with warm oil melt away tension, guide you into deep relaxation and leave a pleasant feeling of lightness and harmony. A complete ritual to find your centre again. The treatment ends with a warm herbal tea.



02 WELLBEING BORN FROM NATURE

Body *Rituals*

Exclusive rituals combining the strength of Italian officinal herbs, selected natural ingredients and professional techniques for an authentic wellbeing experience.

MEI Spa Dolce Vita — € 80

WITH SWEET ORANGE AND CITRUS · 50 MIN

Let yourself be enveloped by the essential oils of sweet orange and lemon in this special treatment that restores unique radiance and firmness to the skin, thanks to the synergy of refined MEI SPA products. The treatment begins with the special Dolce Vita scrub with sugar microspheres, followed by an elasticising massage with Balance oil, based on citrus essential oils. With the finishing touch of Sweet Orange silkening cream, you will enjoy truly unforgettable moments of wellbeing. The treatment ends with Rejuvenate infusion.

MEI Spa Sotto Sale — € 80

WITH SALT AND WILD PIEDMONT PEPPERMINT · 50 MIN

A burst of vitality and a unique recharge thanks to the detoxifying power of Sicilian sea salt, enhanced by essential oil of wild Piedmont peppermint which, in synergy with plant extracts of green tea and ginseng root, delivers a strong toning and firming effect. Sotto Sale MEI SPA is an exclusive ritual with a relaxing, anti-stress action. Very pleasant for men too. The treatment ends with Jasmin tea.

Total Body Persian Rose — € 130

FACE AND BODY RITUAL WITH PERSIAN ROSE · 100 MIN

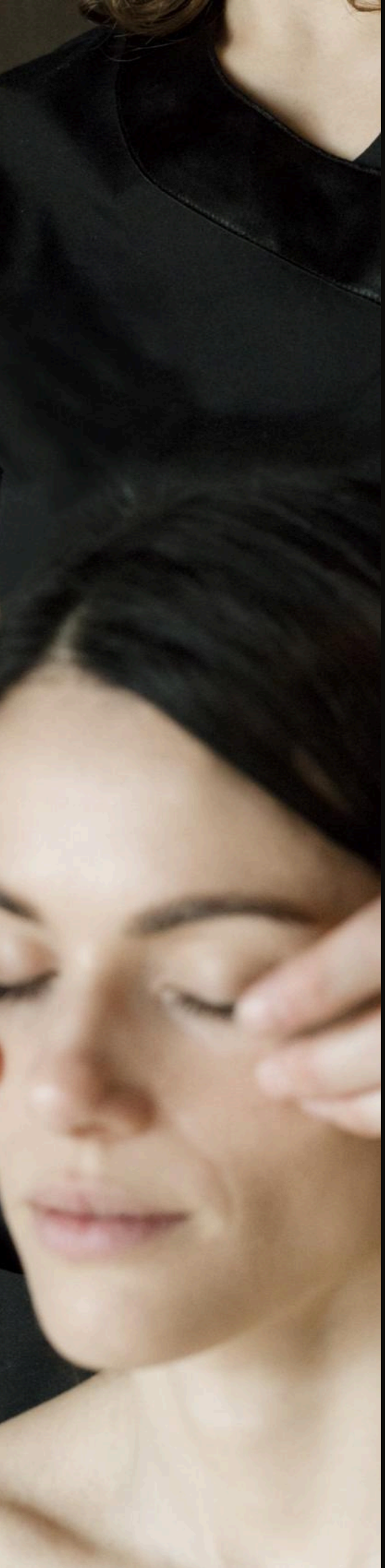
A precious ritual for face and body, based on wild Persian Rose essential oil. A smoothing and highly illuminating effect, a caress that envelops the skin through harmonious massage techniques, enhanced and enriched by MEI natural products. The result is skin that blossoms again on face and body, together with a unique sensory immersion celebrated by an aromatic rain of wild Persian rosebud floral water. The treatment ends with Shiraz Persian Rose tea.

MEI Beauty Botanical — € 65

DETOXIFYING AND ELASTICISING WITH GREEN CLAY AND CALENDULA · 50 MIN

A special MEI treatment to remove the toxins that settle on the skin every day: smog, pollutants and much more. Performed with Botanical Regenerating Peeling, based on absorbent green clay, Relax Oil with elasticising horsetail, and completed by the wonderful action of Botanical Body Cream with calendula flower extract, deeply moisturising and nourishing. Ideal to renew and detoxify the skin and feel instantly toned and regenerated.





03 BEAUTY IN BALANCE WITH NATURE

Facial *rituals*

Professional treatments inspired by Italian phytocosmetics, designed to meet the different needs of the skin with high-efficacy natural actives.

MEI Detox Treatment — € 70

WITH THYME ESSENTIAL OIL · 50 MIN

A treatment that draws its strength from powerful plant ingredients able to restore and visibly improve impure or combination skin. Exfoliation and mask are followed by a massage with dedicated creams, rich in concentrated propolis extract and thyme essential oil, with a purifying, regenerating and elasticising effect. Recommended in every season, ideal for men. The treatment ends with a detoxifying 9 Herbs herbal tea.

MEI Radiance Treatment — € 75

WITH PERSIAN ROSE · 50 MIN

A complexion like rose petals is the result of this delightful treatment based on wild Persian rosebuds. A very delicate exfoliant, a sea-oil lotion and a precious cream enriched with pure concentrated Persian Rose essential oil make this treatment surprisingly effective, thanks to a massage with avocado, helichrysum and calendula. The treatment ends with Shiraz Persian Rose tea.

MEI Beauty Anti Age — € 80

ANTI-AGEING WITH ARGAN AND PLANT-BASED HYALURONIC ACID · 50 MIN

For dull, tired skin with wrinkles. A delightful, complete facial treatment for face and neck with a targeted anti-ageing action. The high concentration of active ingredients in the serum and cream combination helps skin regeneration and gives a real boost of energy and renewed vitality. Thanks to plant-based Hyaluronic Acid, the immediate effect is fresh, radiant skin. Ideal for all skin types, in any season.



03 BEAUTY IN BALANCE WITH NATURE

Facial *rituals*

Professional treatments inspired by Italian phytocosmetics, designed to meet the different needs of the skin with high-efficacy natural actives.

MEI AD+ Advance Intensive Treatment Lifting € 150

NEW · MEI LUXURY COLLECTION FACE · 80 MIN

An innovative beauty treatment that firms and redefines the contours of the face for a radiant look. The active ingredients of the Hawthorn complex smooth wrinkles and restore a relaxed appearance, while the plant-based retinol from Sea Fennel fills, plumps and smooths the skin, which looks visibly younger. After a welcome ritual with an aromatic Dry Brush, a relaxing cleanse prepares the skin to receive the highly concentrated AD+ Intensive Treatment Serums and Boosters, activated by an intense lifting massage designed to enhance the action of peptides and botanical amino acids that stimulate cellular activity. MEI's Nature-tech advanced aesthetic treatment with remarkable results. Truly unmissable.

MEI AD+ Advance Intensive Treatment Booster € 130

MEI LUXURY COLLECTION FACE · BOOSTER · 50 MIN

An intensive facial ritual from the AD+ Advance line, designed to give the skin an immediate boost of radiance, hydration and firmness. After a gentle cleanse, the skin receives the AD+ Boosters, highly concentrated formulas of botanical actives chosen to suit its needs, delivered through a targeted massage that enhances their absorption. The result is a visibly smoother, more rested and luminous complexion. Ideal as an intensive boost or before a special occasion. One treatment a week is recommended for the first month, then one a month for maintenance.

Mei
La scelta più naturale

For over forty years MEI has enhanced the heritage of Italian officinal plants through high-efficacy natural formulations, pure essential oils and selected botanical extracts. The synergy of nature, research and professional techniques creates exclusive protocols that respect the skin's balance and promote deep psychophysical wellbeing.

AX MEMBERSHIP

Wellbeing as a *habit*

Three plans to enjoy AX Wellness Spa regularly. The journey is always complete: you choose how often to come back. A multisensory journey through water, heat, cold and stillness, designed to help you find your own rhythm in a space curated in every detail.

THE AX WET JOURNEY · EVERY VISIT · 90 MINUTES

Finnish sauna · Turkish bath · Heated pool with hydromassage · Ice waterfall · Island emotional showers by Stenal · Relax area and herbal tea corner



Silver

€ 219

Your first step towards wellbeing.

VALID FOR · 3 MONTHS

— 6 visits to the Wet Journey
— Members-only booking

MOST CHOSEN



Gold

€ 450

Wellbeing becomes a routine.

VALID FOR · 6 MONTHS

— 12 visits to the Wet Journey
— 1 partial massage, 30 minutes
— Priority booking
— Members-only events



Platinum

€ 949

Your Wellness Lifestyle.

VALID FOR · 12 MONTHS

— 24 visits to the Wet Journey
— 1 Destress massage, 50 minutes
— 1 personalised partial massage, 30 minutes
— Priority booking
— Early access to AX news
— Members-only events

FOR ALL MEMBERS — 10% off MEI — Le Migliori Erbe Italiane products, to take your wellness routine home with you.



GIFT AX WELLNESS SPA

A moment of wellbeing, *to give*

Give the experience of our spa to someone you love: a spa journey, a massage, a MEI ritual or the amount you prefer. An elegant card, ready to hand over.

SPA JOURNEY · MASSAGE · MEI RITUAL · OPEN AMOUNT

01
Choose
The experience or amount to give.

02
Receive
The digital card by email or printed at the spa.

03
Give
The recipient books whenever they like.

FIRST TIME WITH US?

Try a single journey

Ninety minutes of heat, water, cold and calm: the best way to get to know us.

€ 40

AX WELLNESS SPA

Price list *2026*

Every service at a glance. Prices per person.

Wet Journey

Single entry	90 min	€ 40

Massages for your relaxation

Wellness Massage	50 min	€ 75
Drein Massage	50 min	€ 70
Destress Massage	50 min	€ 70
MEI Candle Massage	50 min	€ 70
Tridosha Ayurvedic Massage	60 min	€ 80

Membership

Silver	valid for 3 months	€ 219
Gold	valid for 6 months	€ 450
Platinum	valid for 12 months	€ 949

Body Rituals

MEI Spa Dolce Vita	50 min	€ 80
MEI Spa Sotto Sale	50 min	€ 80
Total Body Persian Rose	100 min	€ 130
MEI Beauty Botanical	50 min	€ 65

Facial rituals

MEI Detox Treatment	50 min	€ 70
MEI Radiance Treatment	50 min	€ 75
MEI Beauty Anti Age	50 min	€ 80
MEI AD+ Advance Lifting	80 min	€ 150
MEI AD+ Advance Booster	50 min	€ 130

STILL NOT SURE?

Frequently asked questions

Are the treatments suitable for everyone?

Yes. Treatments can be tailored to individual needs: from intensive sports recovery to simple daily relaxation. Our staff will guide you to the best choice for you.

What is the cancellation policy?

You can cancel or change your booking up to 24 hours before the appointment at no extra cost.

Is booking required?

Yes, access to the spa and treatments is by reservation, to ensure the right calm and groups of up to 8 people on the sensory journey.

Can minors access the SPA?

Access to the spa is reserved for people over 18. Minors may access only for specific treatments and accompanied by an adult.



BOOK YOUR EXPERIENCE

We look forward to welcoming you in *Orvieto.*

PHONE AND WHATSAPP

0763 631502

EMAIL

info@axwellnesspa.it

WHERE WE ARE

Via della Piscina, 05018 Orvieto (TR), Italy
inside TC Open Orvieto

OPENING HOURS

Monday – Thursday · 10:00 – 20:00
Friday – Sunday · 10:00 – 21:00

Booking required · Spa for adults (18+) only · Free cancellation up to 24 hours before

INSTAGRAM @AXWELLNESSPA · FACEBOOK AX WELLNESS SPA

AX Wellness Spa di Marinachi Oxana · VAT IT01752050557 · Prices valid for 2026 and subject to change.